



Western Heights Uniting Church

31 Douglass Street, Herne Hill, 3218.

(03) 5229 2681

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Loving God: Growing Together, Partnering Community, Sharing Faith

WESTERN HEIGHTS UNITING CHURCH

July 2025 NEWSLETTER

SAFE CHURCH

Western Heights Uniting Church is committed to the safety, protection and well-being of all children and young people from all forms of abuse and neglect. We will make every effort to provide an environment of safety and support. All key leaders have completed a Working With Children Check. Western Heights UC has adopted the Synod "Keeping Children Safe" policy.

July at a Glance

Saturday 5th	9.30am	Shared Community Garden Working Bee
Sunday 6th	10.00am	Worship—Rev. Temukisa Amituana'i-Vaeluaga Rev. Robert Van Zetten—Anglesea
Friday 11th	6.00pm	Friday Fun Night
Sunday 13th	10.00am	Worship—Rev. Temukisa Amituana'i-Vaeluaga
Wednesday 16th	3.30pm	Church Council Meeting
Sunday 20th	10:00am	Worship—Rev. Temukisa Amituana'i-Vaeluaga Communion
		Michele Hardy—St. Albans/St. Andrews
Sunday 27th	10.00am	Worship—Rev. Temukisa Amituana'i-Vaeluaga



Shared Community Garden News

The community garden provides an opportunity to engage with others in a relaxed atmosphere. Our vision is that the wider community will find a place of safety and support as we grow vegetables and relationships together.

NEXT WORKING BEE

SATURDAY 5th July 9.30 – 11AM

Come when you can, leave when you have to.

Refreshments provided

The **Community Garden Task group** meets regularly to develop further ideas for engaging the community, discuss tasks in the garden and plan future planting and harvesting.

Combined Service last Sunday

As had been previously announced, the Open Plate offering at the service attended by 5 other Uniting Church congregations across the Greater Geelong region (Belmont, St Lukes, East Geelong, St Albans-St Andrews & Leopold) was to be donated to Uniting, and designated for Emergency Relief, Grovedale.

The total received and now forwarded was **\$730.00**.

Thank you to all of the Western Heights folk who participated in so many different ways to welcome our friends from the other congregations.



Friday Fun Night

Something with Refugees

Friday 11th July

6.00pm

Funeral Requests

A confidential file is held in our office where some members have recorded their funeral requests.

If you would like to record your requests, a form has been prepared to assist with this. These forms are available from the office if you wish for one.

Benevolent Fund Thanks

Thank you to all of those folk who contributed the final sum of **\$335.00** toward the appeal for support for Farzana, as she prepares to fly off to the United States to attend the Space Camp on 2nd July.

This amount has been converted to **\$200.00 American** dollars, and passed on to Farzana.



Summary of Church Council Meeting of 21st May 2025 at the new time of 3:30pm .

- Proposal from Wayne Jury to commence a Community Choir was endorsed.
- The videoing of our church services will not continue at this stage. Our thanks to Jenice Coots for her many years of service to this task. The audio recording will still be available. .
- An offer from Bruce Waldron to update and maintain the WHUC Facebook page has been gratefully accepted.
- More work on the sound system has been carried out by Sharn and Bruce Waldron.
- Another meeting date has been confirmed to continue our discussions with St Lukes UC.
- Remuneration (travel allowance) will be paid to our supply pastoral ministers at the Synod rate during the period of Temukisa's absence.

Summary of Church Council Meeting 18th of June 2025 .

- A date has been agreed upon for an informal meeting with the church council of St Lukes .
- A letter from Wayne Jury was received, explaining his inability to commence the community choir at this time .
- A travel allowance rate for our pastoral carers during Temukisa's LSL/AL was recommended and accepted .
- The church life survey has now been completed and returned .
- The proposed July start for the playgroup will not be achievable and Church Council will await further information from the playgroup working group



Geelong grandmother Trish Fleming is reunited with Alex Pandik. Trish was saved by off-duty firefighter Alex. Picture: Ambulance Victoria



“If my neighbour knocked on my door and said, ‘My husband is having a heart attack, can you help?’ of course I would say ‘Yes’

Alex Pandik

CPR good Samaritans on call to save lives

EXCLUSIVE
Sarah Booth

An app that alerts members of the public to nearby cardiac arrest cases could save about 60 Victorians a year, new analysis shows.

The GoodSAM app enables triple-zero call-takers to notify users – any adult willing to provide CPR – when someone within 500m needs compressions in those crucial, early minutes.

New research has found cardiac arrest patients were 37 per cent more likely to survive to the point of hospital discharge when a GoodSAM responder arrived before paramedics or firefighters.

The study, published in the Medical Journal of Australia, analysed more than 9000 out-

of-hospital cardiac arrests from 2018 to 2023.

Researcher Belinda Delardes said just 6.5 per cent of the approximately 2000 triple-zero calls eligible for a GoodSAM response every year received one.

“We really want to boost those numbers,” she said.

“If we were able to get a Good Sam responder to all of those cases before emergency services arrived, it would translate to about 64 additional survivors per year.”

Ms Delardes, also a paramedic, said cardiac arrests in the community had a very low survival rate – just one in 10 cases left hospital alive – so any improvement was significant.

“Most people who have a cardiac arrest don’t survive ...

and most of the time that’s not because of anything that’s happened treatment wise,” she said.

“But when you can make a difference, it’s just an incredible feeling.”

The sight of Geelong grandmother Trish Fleming, reunited with Alex Pandik on Thursday, is proof.

He lives two streets away and saved her in February after waking up to an alert on his phone one night: “Ambulance Victoria needs your assistance. Can you help?”

He didn’t hesitate and ran down the street to the address, where he found 75-year-old Bill Fleming performing compressions on his wife who had suffered a cardiac arrest.

Mr Fleming said he was incredibly relieved when Mr

Pandik appeared on his doorstep, and took over compressions until paramedics arrived shortly after.

“I was very, very grateful when Alex took over, I was exhausted,” he said.

Mrs Fleming, who was taken to hospital and is now recovering well, was incredibly thankful to her “angel” Mr Pandik and said her doctor couldn’t believe she survived.

“Just everyone acting quickly, is what I think that amounts to,” she said.

She said she has told countless friends about the stranger who helped saved her life, hoping to raise awareness about the initiative, particularly in rural communities.

“I’m just very thankful and grateful,” she said.

Mr Pandik said everyone

should sign up. “If my neighbour knocked on my door and said, ‘My husband is having a heart attack, can you help?’ of course I would say ‘Yes,’” he said. “So why wouldn’t I sign up to a program that can get me there quicker?”

Ms Delardes said “the vast majority of adults in our community are probably eligible” and hopes registrations increase, particularly in regional areas which have a larger alert radius. “Any CPR is better than no CPR,” she said.

She said the person with the patient who has called triple-0 may be able physically unable to do CPR, or require a second set of hands – such as to lift a person from the bed to the floor – to begin. “The call-takers will walk you through what to do,” she said.

YOU ARE INVITED TO A FREE MOVIE

Organised by the combined environment groups of
St Lukes, Belmont, Wesley and Western Heights

The movie **2040** is being shown at
Belmont Uniting Church, 42 Thomson St, Belmont.

Sunday July 27th, 2.30 pm.

Afternoon tea provided.

All welcome and bring your friends.



The main messages from this movie are that we don't own the earth; we're just borrowing it from our children and from countless future generations. It's up to us to stop taking it for granted and to reverse the damage that we've already done.

But it is not a doom and gloom movie. 2040 points a practical, achievable path toward solutions, and its most important contribution is a sense that change is possible.

It's a well rounded vision for the future that highlights some overlooked solutions.



Join us at
the Uniting
book sale.

Nothing over \$1
Children's books
\$0.50!

Join us at our monthly book sale.

Held the first Friday and Saturday of
each month at Uniting Grovedale,
the Uniting book sale raises much
needed funds for local services.

Friday
4th July 2025
&
Saturday
5th July 2025
10am - 2pm

272 Torquay Rd, Grovedale
(Corner Reserve and Torquay Roads)

Uniting



THE REFORMERS

'THE HOPE OF SOMETHING BETTER'

CONCERT

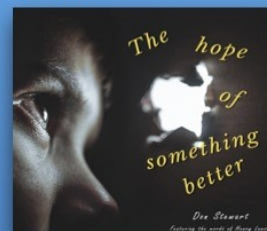
4PM

SUNDAY JULY 27

QUEENSLIFF UNITING CHURCH

TICKETS INCL REFRESHMENTS

BAR OPEN 3.30



SPOKEN WORD, VIDEO, SONGS, ORIGINAL AUSTRALIAN CELTIC TUNES.
'THE HOPE OF SOMETHING BETTER' .. A MUSIC JOURNEY INTO THE
MIND AND HEART OF HENRY LAWSON

Concert tickets <https://www.trybooking.com/CZYPI>

www.unitingqueenscliff.org.au
contemplation creativity compassion



Spread the warmth this winter.

With the colder months upon us, we need your help
to bring some comfort to those who suffer most in
the cold weather.

Your generosity will directly impact people in your
local community seeking shelter and warmth.

Donate online: unitingvictas.org.au/local-winter



Scan me to
donate online.

Donate winter items:

Blankets, warm clothing, swags, sleeping bags, toiletries and non-perishable food

Drop off location:

Grovedale: 272 Torquay Rd (Cnr Reserve Rd and Torquay Rd), Monday-Friday, 9am - 12pm

Norlane: 10 Wendover Avenue, Tuesday-Thursday, 9am-12pm



Uniting is the community services organisation
of the Uniting Church in Victoria and Tasmania.



Uniting

Support our
Winter Local
Appeal.

Contact Details

Minister: Rev. Temukisa Amituana'i – Vaeluaga

0400 664 991

Temukisa's day off is **Monday** so please refrain from contacting her on this day.

Church Council Chair: Lynda Scott

lynda.r.scott@gmail.com

0435 050 958

Property Co-ordinator: Graeme Hardy

graeme.c.hardy@gmail.com 0408 630 391

Communications

Administrator: Jan Grigg 5229 5889

Pastoral Care:

Rev. Temukisa Amituana'i – Vaeluaga

0400 664 991

WHUC Office:

Phone: 5229 2681

Office hours: Wed: 1.30pm - 3.30pm

Fri : 9am – 1:00pm

Office email: office@whuc.com.au

Website: www.whuc.com.au

Facebook: Western Heights Uniting Church

Parental/Guardian Permission

In order for Western Heights to be a Safe Church, we are seeking the permission of parents or guardians to photograph or video their children during church services and other church-related activities. Permission forms are available at the back of the church. Please hand completed forms to the duty steward of the day.

Eco Group

The Eco Group has started an Eco Books library, in the entry foyer. Please borrow books and if you have good books on the subject, you would be willing to share, see Bruce W.

With Love To The World

Used With Love to the World booklets can be left in the marked drawer in the recycling material box in the foyer.

Pew Sheet

If anyone wishes to receive the Pew Sheet information by email each week, please give your name and email address to Jan in the office.

Light Globes & Batteries

Did you know that light globes and batteries of any sort can be recycled? There is a box in the foyer near the stamps where you can leave them.

Postage stamps

Sammy Stamp is a part of the UCAF (Uniting Church Adult Fellowship) that collects postage stamps, sells them and then provides grants for small projects not covered in the Synod Budget. There is a box in the foyer for you to put your used stamps. If you could cut around your stamp leaving 5mm of paper that would be helpful.

Milk Bottle Tops

We are collecting plastic **milk** bottle tops with St. Joseph's College. You can leave your milk bottle tops in the foyer for recycling.

Future Monthly Newsletters

To be included in the Monthly Newsletter, please ensure your notices are at the church office by the **20th of the preceding month**. They can be dropped in to the office in a clearly marked envelope, or emailed to the office, at office@whuc.com.au

Uniting Church Safe Church Policies

Access to key Safe Church policies is available on: safechurch.ucavictas.org.au