



WESTERN HEIGHTS UNITING CHURCH
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Our Purpose

Loving God: Growing Together, Partnering Community, Sharing Faith



SAFE CHURCH

Western Heights Uniting Church is committed to the safety, protection and well-being of all children and young people from all forms of abuse and neglect. We will make every effort to provide an environment of safety and support. All key leaders have completed a Working With Children Check. Western Heights UC has adopted the Synod "Keeping Children Safe" policy.

SUNDAY AUGUST 11 2024

Western Heights Uniting Church

Notice Sheet Sunday 11th August 2024– 10.00am Worship

Please Pray for:

Eco Group

Birthdays:	Trish Fleming	14 th
	Nathan Gibson	16 th
	David Andrews	16 th

The congregation at Western Heights offers prayerful support of its members and others in a number of ways; because of privacy protocols, names are not included for prayer unless we have received your permission.

Uniting Barwon

Items that would be appreciated this week include: toothpaste, toiletries, washing powder, QB sheets, blankets.

Thought for the week:

How do we speak love into the controversial situations we face?

Diary for This Week

Sunday 11th	9.00am	Musicians & Singers Music Practice
	10.00am	Worship – Rev. Temukisa Amituana’i-Vaeluaga
Thursday 15th	8.00pm	Musicians & Singers Music Practice

Diary for Next Week

Sunday 18th	10.00am	Worship – Rev. Temukisa Amituana’i-Vaeluaga
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Tasks people are doing today.

11th August 2024

Vestry Steward: Sharn Waldron

Reader: Neil Douglas

Stewards: Geoff Everett, Colin Rookes

Greeter: Janet Pavlakis

Morning Tea: Catherine Van Zetten,
Barbara Everett

Hall Cleaner: Glenn Chidzey

Musicians: Bruce Waldron, Les Oliver,
Dudley Holroyd, Geoff Coots

Singers: Lynda Scott, Bev Hunt, Velma
Oliver

PA/Data: Tim Hunt / Allister Coots

Tasks people are doing next week.

18th August 2024

Vestry Steward: Jan Taylor

Reader: Allister Coots

Stewards: Graeme Hardy, Neil Douglas

Greeter: Joan Murphy

Morning Tea: Joan & David Walker,
Michele Hardy

Hall Cleaner: Bruce Waldron

Musicians: Sue Ekkel, Dudley Holroyd, Les
Oliver, Bruce Waldron

Singers: Lynda Scott, Bill Fleming

PA/Data: Sharn Waldron / Allister Coots

Task Groups

As the congregation has now ratified “Establishing a Playgroup,” “Working with Refugees” and “Exploring Music Opportunities” as the main focus of WHUC mission and ministry goals over the next 5 years, we need to now set up small task groups to begin exploring the “how” to bring these opportunities to fruition. This is the model used to set up the Community Garden – a small task group initially to explore possibilities for all that was needed. Subsequently this group has grown to become a very successful working group within WHUC.

Please place your name on the sheet available on the table at the back of the worship space if you are willing to take up this challenge. Please also take the opportunity of speaking with Rev. Temukisa, Heather Rookes, Maralann Damiano, Joan Walker, Jan Taylor, Jan Grigg, or Sue Andrews if you need more information.

Please pray for these ministry and mission opportunities that we have identified as those we wish to pursue.

2 SAMUEL 18: 5-9, 15, 21-33

The king gave orders to Joab and Abishai and Ittai, saying, ‘Deal gently for my sake with the young man Absalom.’ And all the people heard when the king gave orders to all the commanders concerning Absalom. So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the face of all the country; and the forest claimed more victims that day than the sword. Absalom happened to meet the servants of David. Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on. And ten young men, Joab’s armour-bearers,

surrounded Absalom and struck him, and killed him. Then Joab said to a Cushite, ‘Go, tell the king what you have seen.’ The Cushite bowed before Joab, and ran. Then Ahimaaz son of Zadok said again to Joab, ‘Come what may, let me also run after the Cushite.’ And Joab said, ‘Why will you run, my son, seeing that you have no reward for the tidings?’ ‘Come what may,’ he said, ‘I will run.’ So he said to him, ‘Run.’ Then Ahimaaz ran by the way of the Plain, and outran the Cushite. Now David was sitting between the two gates. The sentinel went up to the roof of the gate by the wall, and when he looked up, he saw a man running alone. The sentinel shouted and told the king. The king said, ‘If he is alone, there are tidings in his mouth.’ He kept coming, and drew near. Then the sentinel saw another man running; and the sentinel called to the gatekeeper and said, ‘See, another man running alone!’ The king said, ‘He also is bringing

tidings.' The sentinel said, 'I think the running of the first one is like the running of Ahimaaz son of Zadok.' The king said, 'He is a good man, and comes with good tidings.' Then Ahimaaz cried out to the king, 'All is well!' He prostrated himself before the king with his face to the ground, and said, 'Blessed be the LORD your God, who has delivered up the men who raised their hand against my lord the king.' The king said, 'Is it well with the young man Absalom?' Ahimaaz answered, 'When Joab sent your servant, I saw a great tumult, but I do not know what it was.' The king said, 'Turn aside, and stand here.' So he turned aside, and stood still. Then the Cushite came; and the Cushite said, 'Good tidings for my lord the king! For the LORD has vindicated you this day, delivering you from the power of all who rose up against you.' The king said to the Cushite, 'Is it well with the young man Absalom?' The Cushite answered, 'May the enemies of my lord the king, and all who rise up to do you harm, be like that young man.' The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, 'O my son Absalom, my son, my son Absalom! Would that I had died instead of you, O Absalom, my son, my son!'

EPHESIANS 4: 25 - 5: 3

So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that

your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. But fornication and impurity of any kind, or greed, must not even be mentioned among you, as is proper among saints.

JOHN 6: 35, 41-51

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

Minister & Pastoral

Rev. Temukisa Amituana'i-
Vaeluaga
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